

Adult Learning

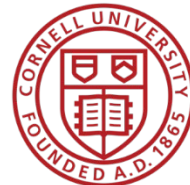
MGV Training



Saturday, February 10, 2024

Susan Ndiaye
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Cornell Cooperative Extension
Orange County



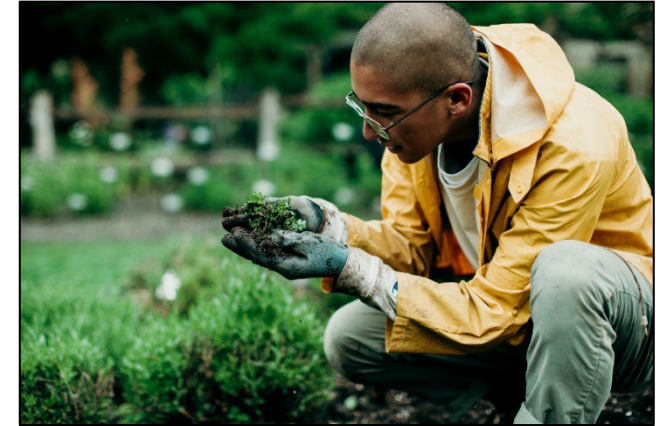
Overview

- **Adult Learning**
- **Active Learning Strategies**
- **Reflection**
- **Final Projects**
- **The CRAAP Test**
- **PowerPoint Presentation Format**



Adult Learning

- **andragogy**: the method and practice of teaching adult learners
- **How do you like to learn?**





Adult Learning

- **In general, adult learners...**
 - Approach learning opportunities with goals shaped by their lived experience.
 - Are motivated to find concrete solutions to real-world problems.
 - Like to understand WHY they are learning something.
 - Are task-oriented and like education with a practical end result.
 - Are learners and leaders – contributing as they participate.

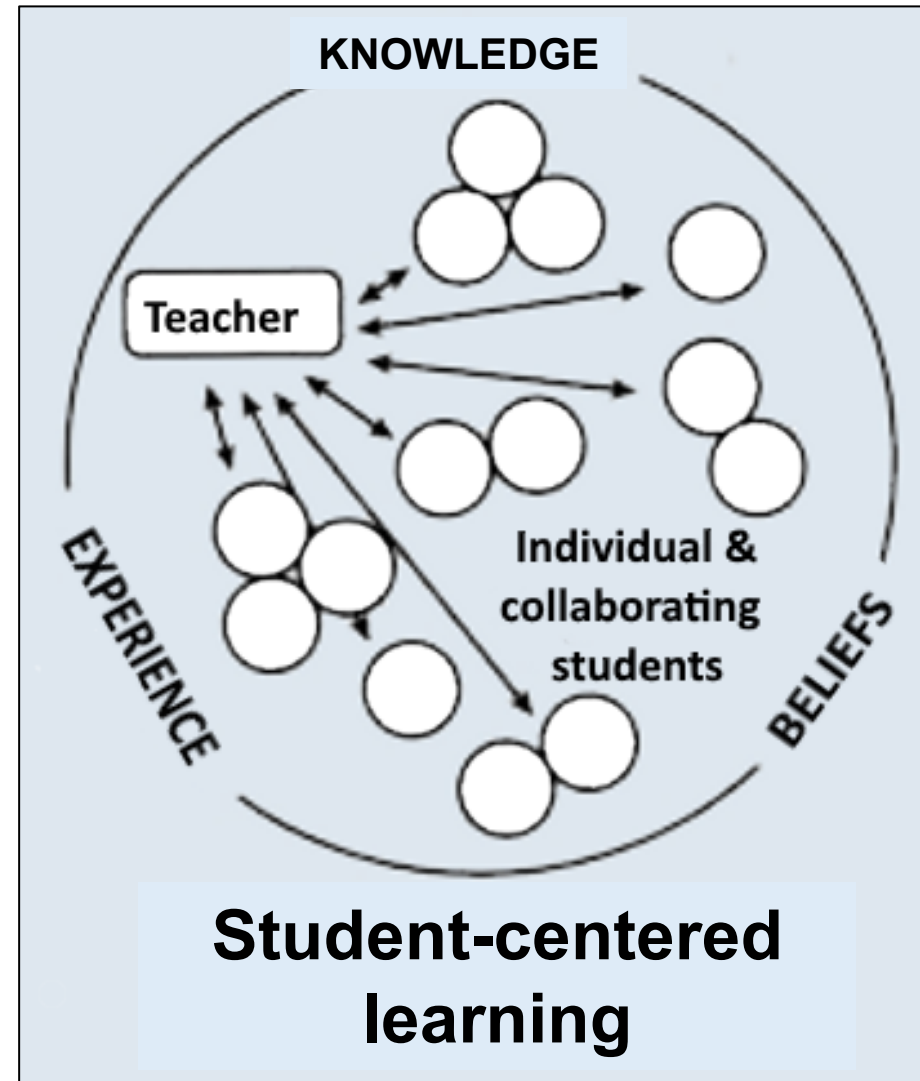
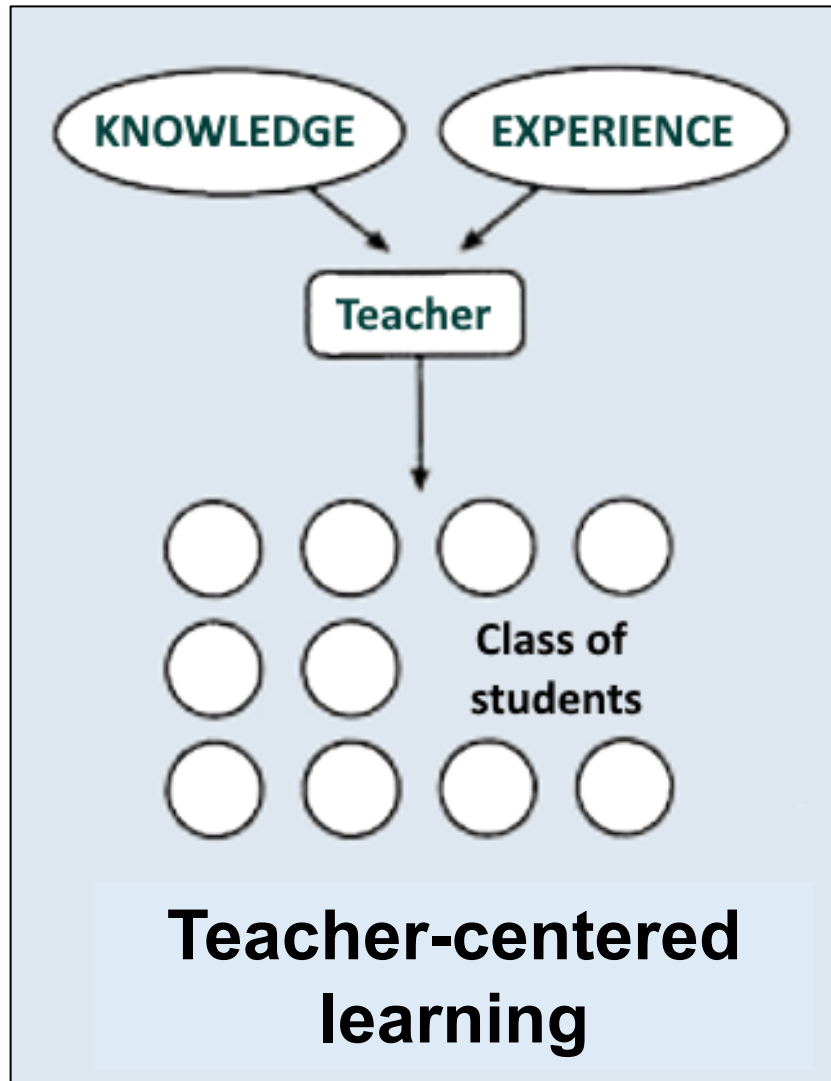




Adult Learning



Adult Learning





Adult Learning

Adult learners are experts in their own lives.





Adult Learning

- Engaged Learners



Active Learning Strategies

- **Safety, Trust, and Accountability**
- **Brainstorming**
- **Small group activities**
- **Facilitated discussion**
- **Aim for “discomfort”**
- **Mix It Up**
- **Save time for reflection**





Active Learning Strategies

Safety, Trust and Accountability



Active Learning Strategies

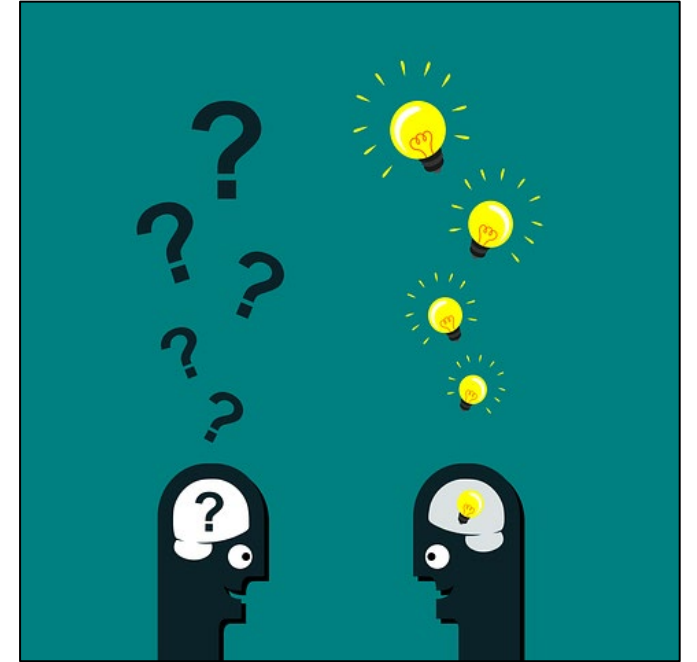
Brainstorming



Active Learning Strategies

Brainstorming

- All ideas are welcome, even ideas that you think are “out there”, “funny” or “weird”
- No criticism or evaluation
- Use post-it notes – good for grouping



Active Learning Strategies

Small group activities



Think



Pair

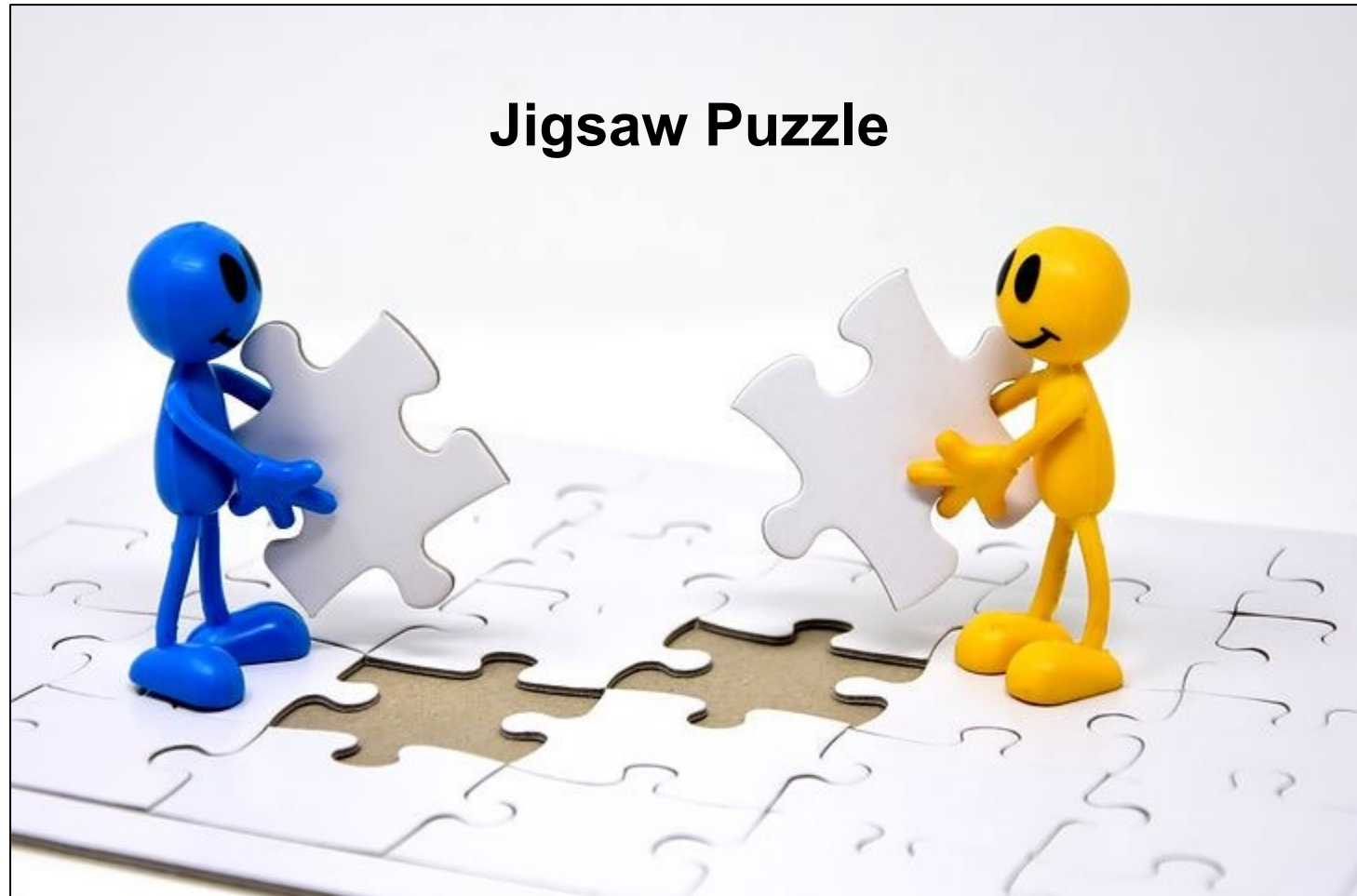


Share



Active Learning Strategies

Small Group Activities

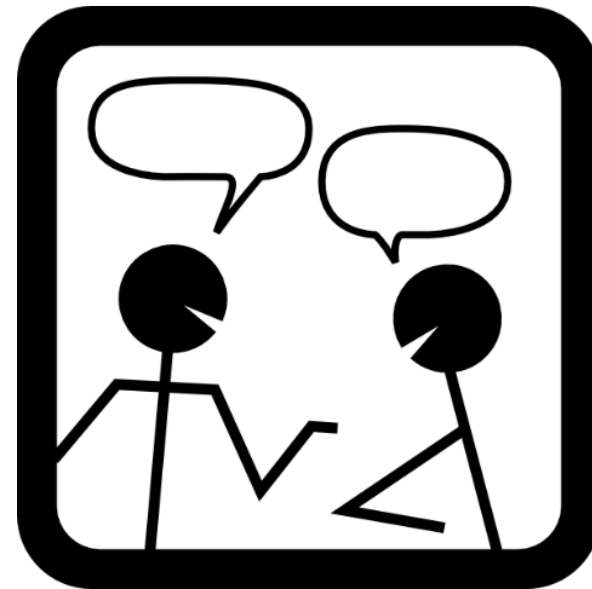




Active Learning Strategies

Facilitated Discussion

- **Instructor:** guide the conversation
 - Instead of answering a question, put the question back to the group?
 - Ask open ended questions.
 - Keep things on topic.
- **Learner:** listen, share and learn





Active Learning Strategies

Aim for “discomfort”

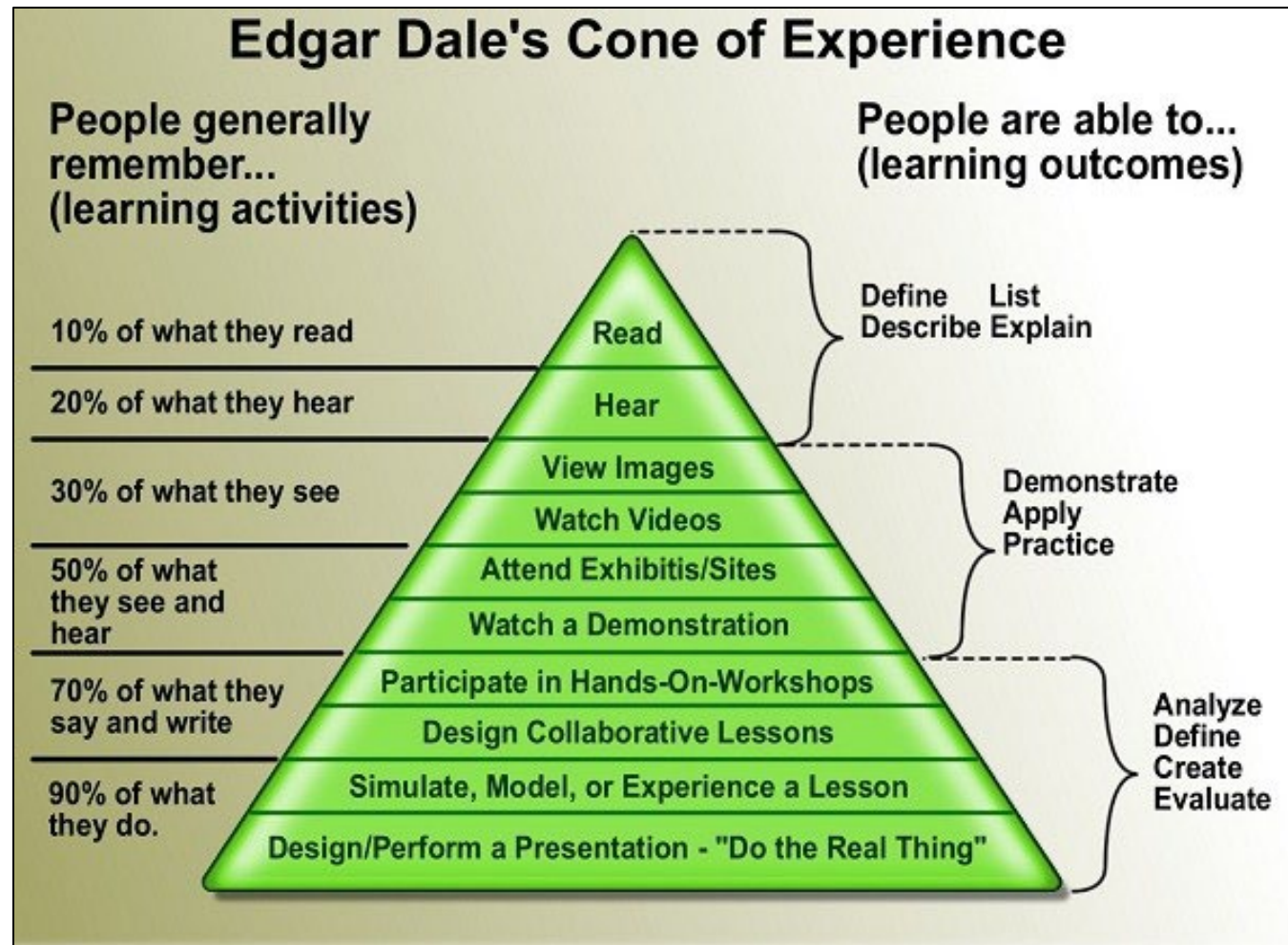


- Think about an experience from which you learned a great deal. Were you in your comfort zone?

■ BE HERE

Active Learning Strategies

Mix It Up!



Active Learning Strategies

Mix It Up!

- **10 % of what you read**
- **20% of what you hear**
- **30% of what you see**
- **50 % of what you see and hear**
- **70 % of what you say and write**
- **90 % of what you do**



Active Learning Strategies

Save time for reflection

- What is reflection?
- Why is reflection important?
 - “We don’t learn from experience, we learn from reflecting on it.”
- John Dewey





Reflection

- Think about a time in an educational setting (formal or informal) where you did NOT feel comfortable or like you belonged.
- What was it about the space, who was there, or what was said that contributed to your feelings?



Reflection

- Think about a time in an educational setting (formal or informal) where you felt a sense of belonging and trust.
- What was it about the space, who was there, or what was said that contributed to your feelings of belonging and trust?

Brain Break



Final Project

15-minute presentation

12-minute talk and 3-minutes for questions

Final Project

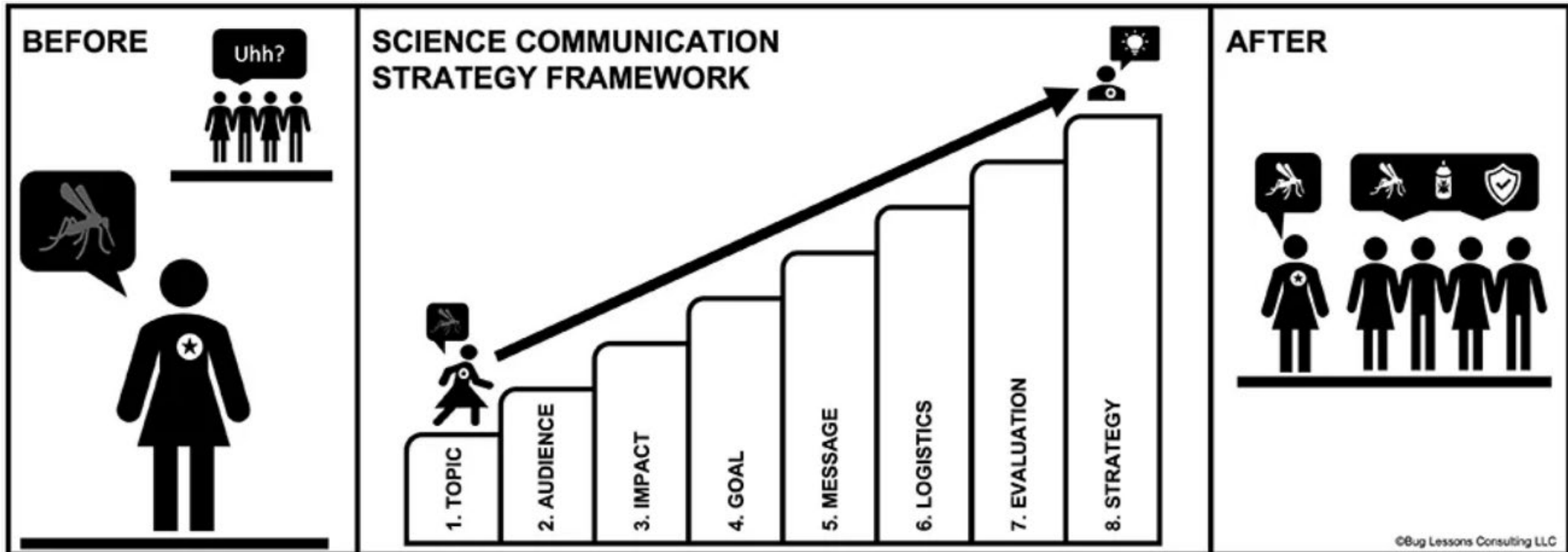
15-minute presentation

12-minute talk and 3-minutes for questions

When brainstorming topics...

- Think about the “What”
- Think about the “Why”
- Think about the “How”

Final Project



Final Projects

Timeline

- **March** – sign-up for a presentation day
 - talk about resources and research
 - talk about presentation format
- **April** – brainstorm ideas
- **May** – pick a topic
- **June** – create an outline
- **July** – put it together
- **August** – practice presentation for your mentor
- **September, October, and November** – presentations

Mentor Meetings

- **Sign your Agreement**
- **Discuss any issues that you have been having**
- **Mentor will share with you what they did for their final presentations**
- **Discuss possible presentation topics**

Review

- **Adult Learning**
- **Active Learning Strategies**
- **Reflection**
- **Final Project**
- **Mentor Meeting**



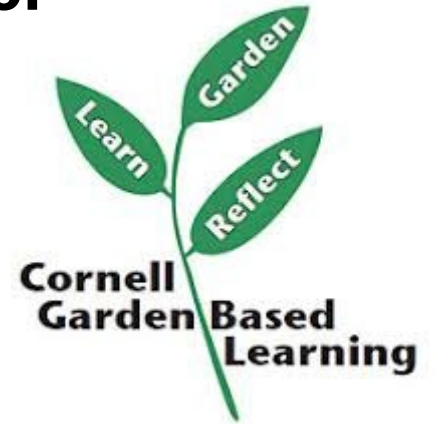
References

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Published: April 2019

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Reviewers: Donna Alese Cooke, Michelle Podolec, Marcia Eames-Sheavly



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Questions?

